SheEO Mentorship Program - Elementary Curriculum (K–5)

# Introduction

This guide provides a full 36-week mentorship curriculum for Elementary School students (Grades K–5). The program is structured to help mentors and students build trust, explore careers, develop confidence, and showcase leadership growth throughout the school year.

# Quarter 1: Building Trust & Leadership Basics

## Week 1: Meet Your Mentor

Objective: Build trust and connection.

Mentorship Focus: Introductions and sharing stories.

Activity: Icebreaker games.

Outcome: Students feel comfortable with mentor.

Materials: Icebreaker cards

## Week 2: What is a Leader?

Objective: Understand leadership basics.

Mentorship Focus: Mentor shares leader stories.

Activity: Draw a leader.

Outcome: Students define leadership.

Materials: Paper, crayons

## Week 3: Kindness Counts

Objective: Learn kindness as leadership.

Mentorship Focus: Mentor leads kindness discussion.

Activity: Kindness jar activity.

Outcome: Students practice kindness.

Materials: Jar, slips of paper

## Week 4: Teamwork Fun

Objective: Build teamwork skills.

Mentorship Focus: Mentor guides group activity.

Activity: Building challenge.

Outcome: Students value collaboration.

Materials: Blocks, LEGOs

## Week 5: Listening Leaders

Objective: Practice active listening.

Mentorship Focus: Mentor models listening.

Activity: Telephone game.

Outcome: Students see value of listening.

Materials: None

## Week 6: Courage to Share

Objective: Develop speaking confidence.

Mentorship Focus: Mentor encourages participation.

Activity: Show and tell leadership story.

Outcome: Students gain courage to speak.

Materials: Objects from home

## Week 7: Problem-Solving

Objective: Practice solving challenges.

Mentorship Focus: Mentor guides problem-solving steps.

Activity: Class puzzle activity.

Outcome: Students practice critical thinking.

Materials: Puzzle pieces

## Week 8: Famous Leaders

Objective: Learn from real leaders.

Mentorship Focus: Mentor shares leader storybook.

Activity: Discussion + drawing.

Outcome: Students connect with role models.

Materials: Books, images

## Week 9: Quarter Celebration

Objective: Celebrate trust building.

Mentorship Focus: Reflect with mentor.

Activity: Sharing circle.

Outcome: Students feel proud of progress.

Materials: Certificates

# Quarter 2: Exploring Careers

## Week 10: Community Helpers

Objective: Learn about helpers.

Mentorship Focus: Mentor explains jobs.

Activity: Dress up career day.

Outcome: Awareness of jobs.

Materials: Costumes/props

## Week 11: Dream Jobs

Objective: Explore aspirations.

Mentorship Focus: Mentor shares their career story.

Activity: Draw your dream job.

Outcome: Students articulate goals.

Materials: Paper, markers

## Week 12: Tools of the Trade

Objective: Connect tools to jobs.

Mentorship Focus: Mentor brings job tool.

Activity: Guess the career.

Outcome: Students link tools and jobs.

Materials: Props

## Week 13: Interview a Mentor

Objective: Practice questions.

Mentorship Focus: Mentor answers questions.

Activity: Q&A circle.

Outcome: Students gain insights.

Materials: Prepared questions

## Week 14: Entrepreneurship Fun

Objective: Learn business basics.

Mentorship Focus: Mentor explains business.

Activity: Lemonade stand activity.

Outcome: Students understand entrepreneurship.

Materials: Play money, cups

## Week 15: Money Basics

Objective: Understand money use.

Mentorship Focus: Mentor shares saving tips.

Activity: Play store activity.

Outcome: Students value money.

Materials: Play money, items

## Week 16: Team Careers

Objective: Learn collaboration in jobs.

Mentorship Focus: Mentor explains teamwork jobs.

Activity: Group art project.

Outcome: Students practice collaboration.

Materials: Art supplies

## Week 17: Career Parade

Objective: Celebrate career learning.

Mentorship Focus: Mentor leads parade.

Activity: Dress up career march.

Outcome: Students enjoy fun learning.

Materials: Costumes

## Week 18: Career Reflection

Objective: Reflect on careers.

Mentorship Focus: Mentor leads reflection.

Activity: Career drawing portfolio.

Outcome: Students track interests.

Materials: Paper, crayons

# Quarter 3: Confidence & Teamwork

## Week 19: Confidence Week 19

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 20: Confidence Week 20

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 21: Confidence Week 21

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 22: Confidence Week 22

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 23: Confidence Week 23

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 24: Confidence Week 24

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 25: Confidence Week 25

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 26: Confidence Week 26

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

## Week 27: Confidence Week 27

Objective: Grow confidence.

Mentorship Focus: Mentor supports self-esteem.

Activity: Confidence game.

Outcome: Students feel capable.

Materials: Worksheets

# Quarter 4: Future Leaders Showcase

## Week 28: Showcase Week 28

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 29: Showcase Week 29

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 30: Showcase Week 30

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 31: Showcase Week 31

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 32: Showcase Week 32

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 33: Showcase Week 33

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 34: Showcase Week 34

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 35: Showcase Week 35

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards

## Week 36: Showcase Week 36

Objective: Prepare final showcase.

Mentorship Focus: Mentor guides prep.

Activity: Practice presentations.

Outcome: Students ready for showcase.

Materials: Poster boards